

Our Positive Voice Grampian

Minutes – Thursday 15th March 2018

Present: BD, SL, CS, IR, Jackie, Victoria, Cath

Apologies: Penny

Ground Rules

Introductions. Ground rules recapped and agreed by all. New member not made contact.

Action: BD to make contact with Rik to share contact details.

Note of Previous Meeting

Note of previous meeting was approved

Matters arising:

- **Evening Clinics** – BD queried update re: possible evening clinic in Grampian for all sexual health. **Action:** Victoria to take this back to the team for discussion. Jackie to find out when the next MCN meeting is to discuss this.
- **Support Needs Survey** – New graphic looks great and is added to the OPVG website. Will be added and sent out on our social media platforms too. **Action:** CS to do this. Concerns re: low number of responses as information shared from Inverness/Highland survey. IR suggested a YouTube video and others suggested small cards and posters with web link. **Action:** BD to get in touch with Jacqui re: ideas.

National Involvement Network Meeting – Update

BD attended the meeting in Edinburgh a few weeks ago. Groups/Forums updated from Grampian, Lothian, Highland, Fife and Tayside. All have similar issues/items to move forwards with – peer support; publicity for forum; group numbers/members. Social media getting setting up for each group. **Action:** BD to gather Social media handles and CS to tweet/follow/re-tweet for support. Fife had issues with clear meds bags and they are working on improving this. Tayside have compiled a poster of group work update until now. This will be adopted by OPVG in the near future for display. Lothian have contact cards and posters which are easy to read. **Action:** CS to get in contact with Graphics at the NHS to produce cards and posters for OPVG. Funding for HIV Scotland has changed and no longer allowed to continue with Involvement work. National Involvement Standards must continue to be used, but Rik's role and job are no longer continuing. HIV Scotland will continue to be there for advice and support but not with patient involvement. PPF may not happen either. BD is part of a whatsapp group with other local chairs to continue the work of the National Involvement Network. BD will update the group in due

course. Meetings are scheduled for July and October at HIV Scotland; however, unsure if this will happen. Our own local budget may need to be used. The group would formally like to thank Rik with a meal and drinks. Two dates suggested – 5th or 19th May. **Action:** BD to make contact with Rik and organise something suitable. Also to liaise with Penny re: funding/budget to book.

Peer Support / Project 100

Dates confirmed for Friday 27th – Sunday 29th April in Aberdeen. Project 100 would not normally complete for less than 10 members; however, CS has managed to secure this due to THT disappearing up in the north-east. 3 from Tayside will join us. **Action:** BD to contact other local forums and advertise for availability. Jackie to liaise with NHS to secure Venue and arrange Tea/Coffee and lunches for each day. CS to confirm names/contact details with Project 100. Programme of available THT Training discussed e.g. Welfare Rights. **Action:** BD to publish THT Training information on BaseCamp.

Newly Diagnosed Information

New Information Packs shared from both ARI and Health Village. Huge discrepancies between both and the differences in information shared. NHS Grampian Information Sheet (which was adapted by OPVG) should be shared with ARI. **Action:** Victoria to take this to the MCN for action. Also no U=U information in the packs which is not up-to-date. Newly diagnosed stories shared from HIV Scotland. **Action:** U=U information to go in the packs, plus the Inspire newly diagnosed stories to be loaded onto BaseCamp for consideration by BD. Some information is out of date. Whose responsibility is it to keep up to date? Some information could be sourced online. **Action:** BD to look for online articles, particularly in regards to U=U.

OPVG Publicity

Poster and card required to publicise the group with less information from the flyer. It is too wordy. Different ideas discussed and suggested. **Action:** CS to put suggestions in to Graphics to get ideas made for next meeting is possible.

General

Demographics – consideration next meeting to be given to our highest newly diagnosed demographics and how we can reach them with information. Jackie suggested possibly targeting work places i.e. oil companies.

Anti-Stigma – Jackie to be invited to lead an anti-stigma workshop with the group in the future.

Psychology – Victoria to be invited to future meetings to discuss the service but also the 'Attend Anywhere' initiative which is currently being rolled out.

Date of Next Meeting

- **Thursday 19th April 2018**