

Our Positive Voice Grampian

Minutes 21st September 2017

Present: CS, CP, SL, BD, Rik (HIV Scotland), Denise (NHS), Penny (NHS)

Apologies: IR

Note of Previous Meeting

Note of previous meeting was approved

THT Training

- Induction training to be delivered on Saturday November 18th at the McGillivray Centre, Aberdeen Maternity Hospital. Lunch and refreshments provided.
- CS will send an application form to CP- this needs to be filled in and sent to Martin at THT
- CS to send application and details to Rik who will share with Tayside Group and invite them to the training.
- This is induction training- following this training, further Peer Support training will be needed in order to become Peer supporters.

Receiving Results

- Rik gave a summary of how results are received in different board areas (attached)
- It was agreed that a patient portal as used by Greater Glasgow and Clyde would be a good way to communicate results. Penny will ask Dani whether this could be an option for Grampian.
- Denise advised that Maternity Patients in Grampian have access to a similar system to access their results called 'Badgernet'!!

Constitution

- Rik asked that members read through the document, add and comment on it.
- It was agreed that the 'Objects' should be the Mission statement of OPVG
- Other amendments were made which Rik will insert

BHIVA Guidance

- Rik raised the issue of U=U (undetectable=uninfectious). People should be encouraged to ask their consultants to state this on their records.
- Rik will investigate posters and patient information regarding this so that this information can be shown in clinics.

National Involvement Standards

- Rik will contact the HIV Working Group in order to progress this. A group to be set up to ensure we work towards achieving these standards.

Christmas Night Out

- Tayside Group are keen to join us for a Christmas event
- 7th December was decided for the night out- Penny will investigate and book Breakout Games if available. If not available delay till January
- NHS Grampian will cover cost of games for OPVG members

Guest Speakers at meetings

- Suggestions include: Mindfulness(Penny has contact and will investigate), Psychologist (Penny will speak to psychologist), Chi Gong (Kath has a contact and will speak to them)
- It was decided that guest speakers could be invited on alternate months.

Fliers in Meds

- Fliers for the group are being placed in with meds.
- Penny had heard that there might be a problem with this continuing - she will investigate and report back to the group.

Discussion topic for next meeting

- Appointments: times, booking appointments and evening appointments
- Rik will ask other boards how they offer appointments

Support Needs

- Jacqui Bell, the MCN research specialist has suggested that we might ask all people living with HIV in Grampian about their support needs.
- The group felt that this was a good idea- they would like to invite Jacqui to the next meeting to discuss further. Penny will invite Jacqui.

Date of Next Meeting

- **19th October**