

## Our Positive Voice (Grampian)

Thursday 15<sup>th</sup> June 2017

Present: CS, BD, S1, S3, Rik and Denise

Apologies: W1, A1, S2, Sinclair, Dani and Vicky

### Note of previous meeting

The note of the previous meeting was approved as accurate. The outstanding actions were updated-

- A) Information Flyer: The group discussed the 'Our Positive Voice (Grampian)' information flyer to be put on the NHS Grampian Sexual Health website and in medication bags and then suggested some changes to wording. **ACTION: Denise** to amend flyer by removing future dates and adding new website information and then arrange for distribution.
- B) Venues for the meeting: This was first meeting to be held in new venue. Group agreed location was suitable. **ACTION: Denise** to arrange room booking for future dates.
- C) Logo for Our Positive Voice (Grampian): The group selected the second logo of the revised logo options.. **ACTION: Denise** to update flyers with logo and provide logo to CS for use on website.
- D) Resources when first diagnosed: Discussing literature and information given when first diagnosed was postponed until Dani present. **ACTION: Dani** to bring along literature used by Sexual Health Service and to provide updated information sheet to include Infection department.
- E) Rik was to ask Damian to attend as a speaker. **UPDATE:** Group felt that as Vicky would provide medication update it would not be required to ask Damian to attend.

### Agenda Items

#### 1. Distribution of Action note

It was discussed how individuals could view the work of the forum and what is discussed. It was decided that the action notes will be uploaded onto the forum's new website. **ACTION: Denise** to provide CS with previous action notes for upload to the website.

#### 2. Project 100 Update

Rik had been in contact with Project 100 who can provide training if 10 people can attend. If numbers wishing to train are lower than this in Grampian the group could consider joining with individuals from Tayside or Highland. Project 100 have asked how peer support will be embedded into the service in NHS Grampian. People living with HIV within NHS Lothian have undertaken training however the peer support service is running as yet. Dates were discussed for training with mid October explored as an option. Discussion was had about the practicalities of the running the peer support – would require support to manage volunteers, match volunteers with those wishing peer support, resourcing of finances for volunteer expenses, debrief support to volunteers and a means of evaluation. The group are to make a project plan at the next meeting.

**ACTION: Rik** to contact NHS Lothian to find out where they are at with project 100.

**Rik** to contact Project 100 to explore potential dates (including weekends).

**Denise** can explore booking NHS premises free of charge for the training.

**Rik** to discuss with Project 100 what guides they have in place for operational management of peer support.

**Denise** to discuss with MCN what support can be provided re operational management.

### 3. National Involvement Standards pilot

The National Involvement Standards (HIV) have been developed by HIV Scotland to provide a framework for more meaningful involvement of people living with HIV to work with service providers to ensure that all services and policy decisions are built around their needs and experiences. Implementing the National Involvement Standards (HIV) gives a supportive learning and development opportunity for service providers and their staff. HIV Scotland have designed both a staff and patient survey to ascertain whether each Board area is implementing these standards. Group decided they would like to be a pilot area for the National Involvement Standards.

**ACTION: Rik** to email link to questionnaire.

### 4. Medication queries/questions for Vicky

Discussed what information the forum would like Vicky to cover when she attends. Suggested topics to cover are-

- Latest developments/new medications
- Generic prescribing protocol
- PrEP update
- How much information does my pharmacist have about me?
- What percentage of PLWHIV use community collection?
- Can anyone use community collection?
- What else can my community pharmacy support me with?
- Group were advised to email any further questions that they thought of.

Some queries were regarding community pharmacy and Denise discussed Principal Pharmacist's offer to attend to discuss what else community pharmacy can offer their clients.

**ACTION: Denise** to discuss with Vicky and set date for pharmacy update at the forum.

### 5. Discussion of Themes/recommendations from clinic experience workshop

The information gathered from the 'your last clinic visit' at the last meeting was shared. Themes were discussed –

#### Sexual Health Service

- Appointment times are all within 'office hours' – could a monthly evening clinic be trialled?
- Receiving results – Could a call/text/email be sent to say test results are satisfactory?
- Privacy in reception – difficult balance between staff acknowledging you in front of other clients between staff not acknowledging you
- Exploring other ways of booking – e.g. online
- Lack of awareness of other support services e.g psychology
- Confidentiality – unsure how information is shared between services e.g to GP, pharmacy

### Infection Department Themes

- Delivery of test results – only get results at clinic visits. Would prefer a text/call/email to say everything satisfactory.
- Would like to walk directly into ward waiting area
- Clinic based nearer home
- Lack of awareness of support services e.g. psychology

The group were keen to form a workplan to address some of these issues.

**ACTION: Denise** to add to agenda for next meeting

### 6. Review of resources when first diagnosed/ patient leaflet

Review of resources postponed until next meeting.

Patient leaflet was discussed. The support services that were suggested to be included on leaflet were dietician, mental health services, 4 pillars, positively uk, Liverpool drug app, nhsg sexual health website, healthpoint, UK CAB, community pharmacy and HWUPENYU health and wellbeing project

It was discussed whether there were any gaps in support currently and peer support and awareness of training for mental health - safe talk (or other training/support in mental health such as SMHFA or ASSIST were missing.

**ACTION: Denise** to amend leaflet to include suggestions.

**CS** to find out about mental health training to feedback to group.

**Dani** to bring information given when first diagnosed to next meeting.

### AOCB

CS advised group that he has obtained website for forum and is happy to maintain. Website will be main point of information sharing about forum. Website address is [www.ourpositivevoice.org](http://www.ourpositivevoice.org).

There was discussion on what services THT were operating/supporting in Grampian. **ACTION: Rik** to contact THT to ask.

Arrange for information on 'Our Positive Voice (Grampian)' and link to forum website to be uploaded to NHS Grampian Sexual Health Website. **ACTION: Denise** to arrange.

Query was raised as to why patients aren't cc'd into medical letters. **ACTION: Denise** to add as agenda item for Dani in July.

Member of group agreed to provide quote for MCN strategy. **ACTION: Denise** to contact.

Rik advised group about 'Time to end HIV Stigma' forum for people living with HIV in Aberdeen on Wednesday 21<sup>st</sup> June. **ACTION: Denise** to provide flyer about 'Our Positive Voice (Grampian)' for CS to distribute at event.

Denise invited the members of the group to attend MCN meetings to share the work of the forum.  
**ACTION: Denise** to share dates at the next meeting.

Date of Next Meeting

Thursday 20<sup>th</sup> July from 5.30pm to 7.30pm.